



St Bernadette's Catholic Primary School

Social Media Apps

What age should my child be to use these apps?

Snapchat	13+
Instagram	13+
Facebook	13+
Discord	13+
TikTok	13+
YouTube	13+
Twitter	13+
Twitch	13+

What risks are there of my child using these apps?

Whilst there are benefits to being online, there are risks too regardless of your child's age. Risks include your child viewing inappropriate content, sharing personal information, cyberbullying and grooming.

Reporting functions

If your child is using any of the above apps then make sure you show them how to use the reporting facilities within each app and ensure your child knows that they must tell you or another trusted adult if they see anything upsetting online. Use the apps together and explore the different security and privacy settings.

Further information

Is your child too young to use the above apps but is still asking you if they can join social media? Then you could suggest an alternative option. Internet Matters list several apps that have been created for younger children, they are grouped for ages 6 – 10 and ages 11 – 13:

<https://www.internetmatters.org/resources/social-media-networks-made-for-kids/>

Net Aware provide further information about the most popular apps, games and social media sites: <https://www.net-aware.org.uk/networks/>